

Alpha Phi Omega – Nu Rho

Service Projects and Contact Information

College of William and Mary

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Service Contact Information

Alpha Phi Omega National Website

www.apo.org

Office of Community Engagement

Drew Stelljes: Director

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adstel@wm.edu

Melody Porter: Assistant Director

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mcporter@wm.edu

Allison Anoll, VISTA for Student and Community Engagement

757-221-5390

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*Email Allison to get on the OCES listserv and receive emails about additional service opportunities

WM Student Organizations

<https://www.wm.edu/offices/studentactivities/index.php>

*Lists all volunteer and advocacy organizations on campus!

General Service Information

Service Requirements for Active Brotherhood

- 25 hours of service, only 12.5 of which can come from Escort
- 2 weekend escort shifts
- Service hours must come from 2 different projects (this can include escort)
- Participation in 1 philanthropy event, listed by the Philanthropy VP

Policy on Service Trips/Service Done Over Breaks

- Brothers can count 10 hours from summer/winter/spring break (s) toward their active brother requirements
- Brothers should still report all of their service hours to give us an accurate service total for the chapter
 - i.e. if a brother does 30 hours of service over summer break, they should report 30 hours on their card, but still must earn 15 additional hours to make requirements
- Brothers may count 10 hour periods from multiple breaks toward active brother requirements
 - i.e. if someone goes on a trip over winter break and another over spring, they can count 10 hours per trip toward their requirements so they would only need 5 additional hours.

What Counts as Service?

- Cannot be counted toward another organization/cannot count things that are required for another organization/class/project
- Giving tours (of campus, the Wren, etc) does count as service
- Staffing an APO sponsored fundraising event does count, but other fundraisers do not.

How to Start a Project!

- Come up with an idea!
- Talk with the Service VP and Project Coordinators
- Research! Is training required? What is the time commitment for volunteers? Will we need to provide transportation?
- Present your idea to the brotherhood

- Once it is approved, start recruiting from the brotherhood, set up training dates and volunteer schedules :D

Tutoring Projects

Brotherhood Tutoring

- What: Tutoring APO brothers in specific subjects
- When: Whenever someone needs some help!
- Where: Your call
- Project Head: **Needed**
- Good project if you like teaching people your own age, or would prefer to make your own schedule to volunteer on campus

James Blair Middle School

- What: Tutoring middle school students in specific subjects
- When: From 10-11 on Thursdays
- Where: James Blair Middle School
- Project Head: Nithya Jayakumar (nxjaya@wm.edu)
- Sign up by emailing Nithya
- Good project if you like tutoring specific subjects, and prefer working with kids

Matoaka Elementary School

- What: Tutoring elementary school students – up to 2 kids, one day per week for 30 minutes each. **Must commit to one time and one child.**
- When: TBA
- Where: Matoaka Elementary
- Project Head: **Needed**

Matthew Whaley

- What: Tutoring 3rd-5th graders in math or reading
- When: Specified Tuesdays and Thursdays at 3:45, exact dates will be emailed out
- Where: Meet at the DoG Street side of Wren to walk to the school together
- Project Heads: Mike Boyer (msboyer) and Sahra Roble (seroble)
- Good project if you need something close to campus, and love working with hilarious kids

Rita Welsh

- What: Teaching English, GED, math, and basic life skills to adults in the Williamsburg area
- When: Sign up for weekly or twice weekly sessions (must commit for the whole semester)
- Where: Rita Welsh Center (basement of Bryan, near Richmond Road)
- Project Head: Carolyn Shinn (ceshinn)
- Online orientation is required, visit www.adultliteracywilliamsburg.org or go to Bryan Basement and ask.
- Good project if you have proficiency in another language (but this isn't required) and if you need something on campus and on your own schedule

Physical Health/Advocacy

Blood Drive

- What: Donating blood or work as an assistant at the canteen
- When: Dates and times TBA, usually 2-3 times per semester
- Where: Trinkle Hall, Campus Center
- Project Head: Katie Huenerberg (kahuen)
- Blood Drives will be announced in the weekly service email
- Requirements: Must weigh at least 110 pounds and be in good health, check the restrictions for traveling outside the country before signing up
- Counting Hours: You get 1 hour for donating plus half of your wait time (if you wait in line for 1 hour, and donate, you would have 1.5 hours)
- Good project if you aren't freaked out by needles, and if you have trouble getting off campus to do service/cannot do service on a regular basis

Ronald McDonald Tab Collection

- What: Collect soda tabs, or make posters/tab holders to advertise and encourage people on campus to donate their tabs
- When: Ongoing, do this on your own time
- Where: Wherever you find tabs ☺
- Project Head: Julie Nicol (jmnicol)

- Counting Hours: ½ hour per poster, ½ hour per 30 tabs
- Good project if you drink a lot of soda... or need something to do on your own time

Sentara Hospital

- What: Work with various wards and patients; transport patients around hospital
- When: Must commit 3 hours per week
- Where: Sentara Hospital
- Project Head: Tara Harkins (tgharkins3@gmail.com)
- Requires training and orientation sessions which happen at the beginning of each semester
- Requires transportation
- Good project if you like applying interest in medicine to actual patients

Mental Health/Advocacy

ARC

- What: Helping with various activities for adults in the Williamsburg area with mental disabilities
- When: Dates vary by month
- Where: Locations TBA
- Project Head: Shannon Bryan (shanaenae@gmail.com)
- If you want to get dates/times/locations for ARC events, email Shannon and she can send you the information
- Good project if you want to make a difference in the lives of adults with disabilities and show the community the importance of supporting mental health awareness.

Dream Catchers

- What: Therapeutic riding center for children with special needs, including but not limited to autism and Down syndrome
- When: For individuals with transportation: Saturday mornings and some weekdays, based upon your schedule. Group projects will take place Saturdays, dates TBA
- Where: Horseback riding farm about 30 minutes away

- Project Head: Jen Lopdrup (jflopdrup)
- Transportation and training required
- Good project if you enjoy working with horses and a group of really incredible kids

Special Olympic Swimming

- What: Help with swim lessons/recreational swimming for kids with disabilities
- When: leave around 10:30 and return around 12:30
- Where: Meet at the SC steps to drive over
- Project Head: Julie Silverman (jvsilverman)
- Can only go if somebody volunteers to drive. So let Julie know if you can!
- Good project if you love sports and working with kids!

Projects with Kids

Boys and Girls Club

- What: Working with kids after school so they don't go home unsupervised, provide them with a positive role model
- When: Friday afternoons, 3:30-6:00
- Where: Location TBA
- Project Heads: Ryan Youell (rayouell) and Allison Whetzel (abwhetzel)
- Must complete a background check! Ask Ryan or Allison for one to complete
- Good project if you like spending time with kids

Middle School Dance Chaperoning

- What: Chaperoning those wild middle school kids at their school dances
- When: dates are TBA and will appear in the weekly service email
- Where: Locations are TBA and will appear in the weekly service email
- Project Head: Margaret Pham (mkpham)
- Sign up by emailing Margaret
- Tips: Dress modestly and wear close-toed shoes

- Good project if you miss those angsty middle-school days ☺, and cannot do service projects on a regular basis

YMCA Daycare

- What: Help babysit/play with kids ranging from 3-4 months to 5 years and the YMCA child development center
- When: Fridays from 3:30 to 5:30
- Where: Meet at the SC Steps to drive over together
- Project Heads: Shewit Giovanni (spgiov) and Cassandra Strunk (cvstru)
- Sign up with Shewit or Cassandra ahead of time to reserve a spot
- Good project if you need an excuse to play patty-cake and run around the playground now and then!

Projects with Animals

Heritage Humane Society

- What: Walking dogs and petting cats!
- When: Based on your own schedule
- Where: Heritage Humane Society
- Project Heads: Paige Roseman (plrose) and Molly Sterlacci (mester)
- Transportation and a brief training session is required
- Good project if you love animals and need a project you can do on your own time!

Environmentalism

APO Recycling

- What: Monitor/empty recycling bins in academic buildings on campus
- When: Every Friday, time depends on building assignment
- Where: on campus
- Project Head: Olivia Walch (ojwalch)
- Sign up by emailing Olivia
- Good project if you don't have a car!

Projects Supporting Soldiers

Blankets for Hope

- What: Designing quilt squares to put together and send to a soldier overseas
- When: Dates and times TBA
- Where: Location TBA, but definitely on campus
- Project Head: Kathleen Murphy (kpmurphy)
- Good if you have a creative streak and need to do something on campus

Soldiers' Angels

- What: Writing letters to soldiers, or being assigned to a specific soldier and sending them weekly letters and monthly care packages
- When: On your own time, depends on level of commitment
- Where: Wherever you'd like!
- Counting Hours: ½ hour per letter
 - All letters must be handwritten, and the content of one letter cannot be recopied into multiple letters
- Project Head: Kirstie Brenson (kabrenson)
- Good if you have trouble getting off campus, or if your free time isn't that consistent!

International Projects

Books for Africa

- What: Collecting donated books to send to schools in Africa
- When: Collection/assembly times and dates TBA
- Where: Location TBA, probably the Escort House
- Project Head: Lauren Summers (lesumme@gmail.com)
- Good project if you want to make an international difference from the 'burg, and need a project on campus

Fighting Domestic Violence and Poverty

Avalon

- What: Working at a shelter for bettered women and children
- When: Shifts are on an every-other week basis
- Where: Avalon Shelter in Williamsburg

- Project Head: Katie Bradt (klbradt@gmail.com)
- Training and background checks are required, email Katie for more information
- Good project if you have an interest in advocacy or social work

Campus Kitchens

- What: Making meals and delivering them to low-income housing families and Avalon
- When: Shifts run Monday-Friday, cooking shifts from 7-9pm
- Where: Cooking shifts in the Williamsburg Presbyterian Church (across the street from Monroe Hall), delivery shifts go around the Williamsburg area.
- Project Head: Jenn Quigley (jlquigley)
- Sign up with Jenn or online at <http://wmpeople.wm.edu/site/page/campuskitchenwm/volunteerinformation>

Housing Partnerships

- What: Building/repairing homes in the Williamsburg area
- When: Saturday mornings
- Where: varies from week to week, email Lindsay to find out
- Project Head: Lindsay Felter (lrfelter)
- Sign up ahead of time as transportation is limited!
- Good project if you like to do hands-on work and projects where you can see the results of your work right away 😊

APO Nu Rho Membership Policy Alcoholic Beverages

1) Be advised that the consumption of alcohol by any persons under the age of 21 is illegal according to the Law of the Commonwealth of Virginia.

2) No brother, neophyte, or pledge may under ANY CIRCUMSTANCES consume, supply, or bring alcohol to an "APO event." An APO event is any event recorded in the official minutes of an Executive Board meeting, thereby sanctioned by the Executive Board. APO events include all pledging events and clue week. The single exception to this policy is the Senior Toast, which is held annually at Spring Formal.

3) Requiring or compelling the forced consumption of any liquid (including alcohol) or solid substance is against the William and Mary Statement on Hazing. Therefore, no pledge is required or should feel compelled to drink any alcoholic beverage in order to complete requirements or participate in any social activities. Any brother found in violation of the William and Mary Statement on Hazing may be tried by the Executive Board.

4) Any brother, neophyte, or pledge may report a hazing or membership policy violation. After a report has been filed regarding an alleged hazing violation, the offending brother may only be brought to trial with the consent of the victim.

5) Violations of the Alpha Phi Omega Nu Rho Membership Policy will be handled by the Executive Board, in the manner described by the Alpha Phi Omega Nu Rho Bylaws.

APO Nu Rho Bylaws, Nu Rho Chapter of Alpha Phi Omega, The College of William and Mary